



# FOOD for OTHERS

FEEDING FAMILIES, NOURISHING LIVES.

## From the Heart

We at Food for Others want to offer heartfelt thanks to our wonderful volunteers and donors. In 2006, an incredible 1,847,775 pounds of food was gathered by our donors, staff and volunteers and then distributed to needy families in Northern Virginia. In this newsletter we offer thanks to those organizations and people that helped to make this possible. Our hearts are warmed by our corporate partners who continue to sponsor new and unique ways of supporting us. Who knew so many people would buy shopping bags from Whole Foods or donate at the checkout line at Wegmans? To read just one example of how our food is put to good use, see our *Spotlight on a Special Group* article, which this month features Rising Hope United Methodist Church. Read also about how two of our summer interns describe their experience at Food for Others and how the warm-hearted volunteers, staff, and clients made their summer a special time. Finally, read about how you can help this spring at the 4<sup>th</sup> Annual Tee Off to Fight Hunger Golf Tournament – our most significant fundraising event. Donate a flag for our International Flag Court or play a round of golf and become a part of Food for Others, an organization where people truly give “from the heart.”



Anne Suter Zimmer, Board Chair

### 2006 Statistics

**Food for Others provided free food to families in Northern Virginia 98,609 times.**






**Volunteers contributed 25,610 hours working with Food for Others.**

## “TEE OFF TO FIGHT HUNGER” FOOD FOR OTHERS GOLF TOURNAMENT

Our annual “Tee Off To Fight Hunger” Golf Tournament, now in its fourth year, has proved to be a major pillar of support for Food for Others. Over time, the tournament has proved a success on many fronts. Golfers love the event, sponsors receive valuable exposure, and Food for Others reaps the benefit of extra funds. The money raised has helped us to expand operations and continue to meet the growing needs of our community – as more and more families count on Food for Others.

- When: Monday, May 7, 2007
- Where: Bull Run Golf Club: Haymarket, Virginia
- Time: 1:30 p.m. shotgun start
- Format: Four person captain’s choice best-ball format
- Cost: \$600 per foursome or \$150 per player  
Early bird (before April 15, 2007) \$500 per foursome or \$125 per player
- Register: Form attached in this newsletter on page 3.
- Info: Please visit [www.tournamentor.com/foodforothers](http://www.tournamentor.com/foodforothers)

### How You Can Help

-  **Become a sponsor!** Sponsorship amounts and benefits vary by level of participation. Please visit the golf page at [www.foodforothers.org](http://www.foodforothers.org) or [www.tournamentor.com/foodforothers](http://www.tournamentor.com/foodforothers) for a full sponsorship packet.
-  **Buy an ad in the golf program.** Ads are available to all businesses. This is a great way to promote your business and to make sure golfers go home with your information in their hands!
-  **Become a Flag Sponsor.** Ideal for individuals, families, and organizations who want to show their support. Our tournament will have a distinctive “international” theme this year and we will be erecting an international flag court at Bull Run Golf Club. Pick your level of support and the country flag that you want displayed. You can find a flag-court participation form in this newsletter on page 3.
-  **Donate Items for our Auction and Raffle.** We are in need of items that we can use for our auction and raffle which will take place in conjunction with our annual golf tournament. This is a great way for us to raise money to support the mission of Food for Others. All contributions are tax deductible and all donors will receive a thank-you note that can be used for tax purposes. Do you have a time share you would like to donate? Would you give up a week of your beach rental so that we can auction it off? Have seats in a corporate box at Verizon Center? Tickets for Redskins, Wizards, Capitals, Nationals, United, or Ravens games that will go unused? Gift cards for spa services? Other interesting items? If you have an item to donate, please contact Liz Reinert at 703-207-9173.
-  **Come golf with us!** We guarantee a fun day of golf, filled with pleasant surprises, good company, and excellent food catered by RSVP Caterers. You can find a registration form with more details in this newsletter.

## REFLECTIONS OF A TEENAGE VOLUNTEER

By Aaron Bernstein



Warehouse Manager Charles Johnson (left) says goodbye to volunteer Aaron Bernstein.

I really appreciated having the opportunity to work at Food for Others. Working here helped me to understand what real work was. While working in the warehouse, I faced frustration, fatigue, and more than a little bad fruit, but the experience was invaluable. At this job, I learned to think on my feet and use common sense in a way I never have in a classroom. I can see now why colleges are impressed by real-world experience. From sorting fruits and vegetables into crates, to packaging USDA items for hungry families, to actually delivering the food into the arms of the client(s) in need, I performed just about every task in the warehouse. Some were more rewarding than others, but *any* time spent working at a place whose agenda it is to feed working families that have fallen on hard times is time well spent. I never knew how many families needed our help! And they were living right in our own community! Just seeing the look of relief, gratitude, and pure happiness on my first client's face upon receiving food made me ready to spend hours on end helping this organization however I could.

This internship gave me an early taste of authority. Large groups of volunteers

would come in and perform the tedious tasks that the regular staff had no time for. My second day on the job, I found myself instructing and supervising a youth group of about 20 kids my age. Whenever volunteers came, I was usually the one selected to show them what to do, and I often got to direct people far older than myself. I know this may sound childish, but it's a thrill to be in charge of adults twice your age. There was a mutual respect that, until now, I hadn't often seen.

The last thing I took away from this internship was the close bond that the staff members had with one another. They were a family, and they always treated each other as such. When lunchtime came around, the entire staff wanted to have the meal together, as if it were home. Unfortunately, such a prospect wasn't feasible, since it would have left numerous clients without service. The Food for Others warehouse *never* shuts down! Though this internship brought me the exhaustion of a job consisting almost entirely of manual labor, it also brought me a sense of accomplishment, and most importantly, self-confidence in a world shrouded in mystery: the world beyond school. Thank you once again for a great four weeks of summer!



### CORPORATE SPONSORSHIP

Local Whole Foods Markets regularly support Food for Others by donating food items every week. This past holiday season they found new and creative ways to help us serve our clients. Northern Virginia Whole Foods Markets sold reusable fabric shopping bags with a Clementine design to benefit Food for Others. A remarkable **12,485** of these bags were sold collectively among the six Northern Virginia stores raising a total of **\$24,970** to be donated to Food for Oth-

ers. Additionally Whole Foods donated 900 of these reusable bags that we used to pack the Thanksgiving groceries that were delivered to our families at the warehouse and at our 14 street-corner sites. These bags were even featured in the Washington Post "In Style" section as a thoughtful and functional gift. This reusable bag will help protect the environment and help the less fortunate in our community. A truly thoughtful and successful program!

### SPOTLIGHT ON A SPECIAL GROUP

Many Food for Others supporters know that in addition to distributing food from our warehouse during the day, volunteers also take food to 14 neighborhood street-corner sites in the evenings. But did you know that we also provide bulk food donations to approximately 45 community charitable organizations and soup kitchens, shelters, and church and community-center food pantries? One of these is Rising Hope United Methodist Mission Church, located along the Route 1 Corridor in Alexandria. Rising Hope is a mission church serving "the least, the lost, the lonely, and the left out." Their congregation is largely comprised of the

homeless, working poor, and those individuals who have an addiction or disability. In addition to other programs, they run a food ministry that feeds around 182 families representing 450 individuals a week. Rising Hope picks up food from the Food for Others warehouse every week. In 2006, we provided Rising Hope with 36,460 pounds of food. Rising Hope is a vital part of the safety net for low-income residents of the Route 1 Corridor. If you would like more information about Rising Hope, contact Sandra Leathery at 703-360-1976. Rising Hope truly is a "small church with a big mission."

TEE OFF TO FIGHT HUNGER GOLF TOURNAMENT

Golf Registration Form

\$500 per foursome or \$125 per individual player before April 15, 2007.

\$600 per foursome or \$150 per individual player after April 15, 2007.

Includes green fees, golf cart, practice time and range balls, box lunch, gourmet dinner, beverages, contests, and prizes.

Please register the following golfers:

Name \_\_\_\_\_
Address \_\_\_\_\_
City/St/Zip \_\_\_\_\_
Phone \_\_\_\_\_
Email \_\_\_\_\_

Name \_\_\_\_\_
Address \_\_\_\_\_
City/St/Zip \_\_\_\_\_
Phone \_\_\_\_\_
Email \_\_\_\_\_

Name \_\_\_\_\_
Address \_\_\_\_\_
City/St/Zip \_\_\_\_\_
Phone \_\_\_\_\_
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Name \_\_\_\_\_
Address \_\_\_\_\_
City/St/Zip \_\_\_\_\_
Phone \_\_\_\_\_
Email \_\_\_\_\_

Add \$20 for individual mulligan package (includes 1 mulligan, 1 throw, entrance to putting contest, and 2 raffle tickets.)

Please make checks payable to Food for Others.

If you would like to register by credit card, please call the office at 703-207-9173.

Please mail or fax this form to:

Food for Others
2938 Prosperity Ave.
Fairfax, VA 22031
703-207-9204—fax



SUPPORT THE TEE OFF TO FIGHT HUNGER GOLF TOURNAMENT

Sponsor a Flag for the International Flag Court

Our tournament will have a distinctive "international" theme this year and we will be erecting an international flag court at the Bull Run Golf Club. Pick your level of support and the country flag that you want displayed.

My gift— \$150 O \$100 O \$50 O \$25 O

I would like a flag displayed in my name from the county of \_\_\_\_\_
Or in the name of \_\_\_\_\_

Please make checks payable to Food for Others. If you would like to donate by credit card, please call the office at 703-207-9173.

Name \_\_\_\_\_
Address \_\_\_\_\_
City/St/Zip \_\_\_\_\_
Phone \_\_\_\_\_
Email \_\_\_\_\_

Please mail or fax this form to:

Food for Others
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Fairfax, VA 22031
703-207-9204—fax

# HOLIDAY FOOD DRIVE THANKS



The holiday season brings more clients to us than any other time of the year. But our donors have been equal to the need – again! Turkeys, canned goods, all kinds of food, and checks large and small came to us from generous supporters all over our area. It is our privilege to act as go-between in all this giving. Our donors are the ones who put the “food” in Food for Others. We thank you for your **full-hearted** sharing with your neighbors.

## Faith Communities

Andrew Chapel  
 Bethlehem Lutheran Church  
 Bruen Chapel United Methodist  
 Capital Baptist Church  
 Cherrydale United Methodist  
 Church of the Good Shepherd Episcopal  
 Church of the Good Shepherd UMC  
 Community Church of God, Dunn Loring  
 Congregation Adat Reyim  
 Congregation Olam Tikvah  
 Epiphany United Methodist  
 Grace Presbyterian Church  
 Idlewood Presbyterian Church  
 Little River United Church of Christ  
 Lord of Life Lutheran Church  
 McLean Baptist Church  
 Oakton Church of the Brethren  
 Our Lady of Good Counsel Catholic Church  
 St. Andrew's Religious Education Class  
 St. Barnabas Episcopal Church  
 St. Mark's Catholic Church  
 St. Matthew's United Methodist  
 Technology Coordinators, Arlington Diocese  
 United Baptist Church  
 Wesley United Methodist Church

## Schools

Chantilly High School  
 Fairfax High School  
 Falls Church High School  
 Flint Hill School  
 Franklin Sherman Elementary School  
 Gainesville Children Center  
 George C. Marshall High School  
 George Mason University  
 GMU Hillel  
 Greenbriar Elementary School  
 Holy Spirit School  
 Homeschool Circle  
 Horizon Child Development  
 Hunt Valley Elementary School  
 James Madison University  
 Kenmore Middle School  
 Kilmer Middle School  
 Lanier Middle School

Lifetime Learning Institute  
 Luther Jackson Middle School  
 Madison High School  
 Mantua Elementary School  
 McLean High School  
 Montessori School of Cedar Lane  
 Mount Vernon High School  
 Northern Virginia Community College  
 Oak Hill Elementary School  
 Oakton High School Swim Team  
 Oakview Elementary School  
 Paul VI High School  
 Pincrest School  
 Pyramid Run  
 Saint Ambrose Catholic School  
 Shreveview Elementary School  
 St. Ambrose Catholic School  
 St. Joseph's Day Nursery and Kindergarten  
 Swanson Middle School  
 Thomas Jefferson Key Club  
 Thoreau Middle School  
 TJHSST Red Cross Club  
 Town and Country School of Vienna  
 Union Mill Elementary School  
 Wakefield Forest Elementary School  
 Willow Springs Elementary School

## Businesses

Allstate Insurance  
 America Systems Corporation  
 American Institute of Biological Sciences  
 AOL  
 Arlington Jazzercise Center  
 Cherner Lincoln Mercury  
 Consul Risk Management  
 Convera Corporation  
 Eastern Research Group  
 ENSCO  
 Expovision  
 Exxon Mobil Corporation  
 ExxonMobil – Legal Department  
 Fairfax Nursing Center  
 FINCEN  
 Hooters of Potomac Mills  
 Hunton & Williams  
 INDUS Corporation  
 Jazzercise of Falls Church

Koons Tysons Toyota  
 Lockheed Martin  
 Mason Dining Services  
 MBP  
 Medical Solutions, Inc.  
 My Plumber  
 Navy Federal Credit Union  
 Northern Virginia Training Center  
 Northrop Grumman  
 OCDEFUSION Center  
 Online Resources  
 PARAXEL  
 Pender Veterinary Centre  
 Potomac Bank of Virginia  
 SAIC  
 Saintsbury Plaza  
 Shiner Roofing  
 Specialty Graphic Imaging Association  
 Sprint Nextel  
 The Aerospace Corporation  
 TMP Worldwide  
 Travelers Bond  
 Weichert Realtors

## Others

American Legion Post 177  
 Cavalier Club  
 CFS Proud Hearts Civitan  
 Boy Scouts of America  
 Doorways  
 Fairfax Circuit Court Clerk's Office  
 Fairfax Lions Club  
 Falls Church Community Service Council  
 Federal Maritime Commission  
 Friends of Vale Schoolhouse  
 Girl Scouts of America  
 Heatherwood Retirement Center  
 Inova Health Systems Office  
 International Association of Fire Chiefs  
 Jewish Community Center of NOVA  
 Lambda Theta Alpha  
 Merrifield at Dunn Loring Apartments  
 Mott Community Center  
 Preceptor Gamma Delta Chapter  
 PWUAA Charities Inc.  
 Reston Teen Center  
 Rock and Wrap it Up  
 Stand for Children  
 Tanglewood Community Association  
 The Hermitage Apartments  
 The Lamb Center  
 Tysons Glen Apartments  
 Unity in Alexandria  
 Vienna Jaycees  
 Youth for Tomorrow

## WEGMANS CONTINUES FFO SUPPORT

This fall, Food for Others was fortunate to be chosen again by Wegmans for their 2006 *Care About Hunger* campaign. During the months of November and December, the Fairfax Wegmans grocery store customers and employees raised \$51,741, breaking all previous company records! In addition, on January 18<sup>th</sup>, a Wegmans' tractor trailer brought over 19,000 pounds

of food to the Food for Other's warehouse. While this donation is substantial, it is a supplement to the food that they donate to us throughout the year. At Wegmans they like to say "Good people working toward a common goal can accomplish anything they set out to do." We couldn't agree more. Thank you, Wegmans for your unparalleled support and generosity all year.



## EXXONMOBIL SUMMER INTERN

By Lauren Austin

When I first heard about Food for Others, I was probably 12 years old; my church was collecting food and distributing it at a local street-corner site. We were just a small part of Food for Others' efforts back then. I had no idea at that time that I would end up spending a summer as an intern at this organization that has grown so much since then.

I applied to the Food for Others internship because it showed up on the William and Mary Career Center website; the name perked my ears. This was the same place I had volunteered with as a kid! I know that God sent me here this summer. I had decided that this summer, instead of going away to Appalachia to do hands-on home repair, which I loved, I would explore a different part of the nonprofit field – maybe the more administrative, "boring" side of things. But the truth is that no side of the nonprofit field is boring. From the very

first enthusiastic phone interview I had, to my last week in the office saying goodbye to each of the front desk volunteers, this internship has been anything but boring.

As I coordinated site visits to almost all of Food for Others' special groups for Director of Operations Liz Reinert and got to visit each one, I was amazed at the impact that Food for Others has through these connections with other community organizations. I got to see what so many agencies and churches are able to accomplish because of the support of Food for Others' food. Liz teased me because after we walked out of many of the site visits, I said "I want to work here!" Well, it's true – I can't wait to join the so-called "real world" next year because I can't wait to work with such passionate people serving their community. Thank you to Food for Others and the ExxonMobil Community Summer Jobs Program for this opportunity to see such a wonderful part of the nonprofit world.



## UPDATES

### Catalogue for Philanthropy

Food for Others is honored to have been selected this year for inclusion in the Catalogue for Philanthropy. Fifty professional grantmakers and leaders at 30 foundations and nonprofit organizations evaluated applications for distinction, merit, cost-effectiveness, and accomplishment. The Catalogue describes its mission:

"The *Catalogue for Philanthropy: Greater Washington* introduces you to the wide world of smaller, local charities – with budgets below \$2 million. Though they comprise about 85% of all nonprofits, the public rarely hears about them because most cannot afford to make themselves heard. Yet dollar-for-dollar, they offer some of the most cost-effective opportunities for philanthropy. If 'making a differ-

ence' is one of your goals, then excellent smaller charities may be for you."

See the Catalogue for yourself at <http://www.catalogueforphilanthropy.org/dc/>

### Staff News

After 11 years, Food for Others said goodbye to staff member Indalecio Robles who served as warehouse manager, site manager, driver, and warehouse worker during his tenure. We welcome Jonathan Hall as our new driver/warehouse worker.

April Frazier and Liz Reinert took a Safe Food Handling course through the Capital Area Food Bank. The "ServSafe" training and certification is recognized by federal, state, and local jurisdictions. We are happy to say that Food for Others now has two certified safe food handlers on staff as both April and Liz passed the exam.





# FOOD for OTHERS

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Phone: 703-207-9173  
Fax: 703-207-9204  
E-mail: info@foodforothers.org

www.foodforothers.org

**A financial statement is available upon written request form the Office of Consumer Affairs, Commonwealth of Virginia.**

**Food for Others is funded in part through the Fairfax County, U.S. Community Services Block Grant Fund.**



**Designation number—8912**

## Mission Statement

*Food for Others' mission is to obtain and distribute free food to the hungry of Northern Virginia and to support food programs of other community-based organizations. We provide a channel for people to help their neighbors by actively volunteering their service.*

### Staff

Roxanne Rice, *Executive Director*  
Liz Reinert, *Director of Operations*  
Charles Johnson, *Warehouse Manager*  
Felicidad Senzano  
Marcos Bokajian  
April Frazier  
Jonathan Hall

### Board of Directors

Anne Suter Zimmer, *Chair*  
Don Wallace, *Vice Chair*  
Phyllis Kohlmann, *Secretary*  
Carmine Carullo, *Treasurer*  
John Baldus, *Vice President for Operations*  
Pam Koch, *Director of Programs & Projects*  
Mary Bullock, *Director*  
Richard Guadagno, *Director*  
Roosevelt Hardwick, *Director*

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