

The **Food for Others Mission** is to distribute free food to our neighbors in need, in partnership with our Northern Virginia community, and to provide opportunities for people to volunteer their resources.



2018 is already in full swing and we endeavor to approach the New Year with resolve. Even when those New Year's resolutions seem challenging, look for the opportunities that are open to you with the start of each new day. Albert Einstein said, "Life is like riding a bicycle. To keep your balance, you must keep moving." Here at **Food for Others** we remain resolute about continuing to meet the needs of our clients in Fairfax County where 1 in 14 children live in poverty. This newsletter highlights just a few examples of our neighbors taking action to ease the burden of children and families in need. We hope you'll be inspired to join us as we work together to alleviate hunger in our community.

Get help

Give help



Aspiring to be Givers: Students Join Together on GIVE Day

On Martin Luther King Day, Thomas Jefferson Elementary School in Falls Church celebrated GIVE Day. Led by youth ambassadors, 100's of students and parents volunteered to assemble Power Packs for **Food for Others**. 5,122 pounds of P3 food was donated. Thank you to everyone who participated!

Embracing the Spirit of Community

For the fourth year in a row, Shelly Stoneman took the initiative to coordinate a power packing event in her community. This year she partnered with Glebe Elementary School in Arlington to support the P3 program. The group's effort on January 7th produced 2,006 pounds of food, more than doubling last year's total food donation. Thank you all for continuing to support **Food for Others!**



2018
STEP UP TO HEALTHY CHALLENGE

Join our team and challenge yourself to walk
10,000 steps per day for 12 weeks!

Starting February 1.

"We want to walk the talk!"



As we continue to encourage our clients to eat healthy, **Food for Others** is taking action by "walking the talk". Beginning February 1st, the staff has committed to a 12-week Step Up to Healthy Challenge with the goal of taking 10,000 steps per day. Additionally, staff will join together in an effort to increase their intake of fresh produce while trying new fruits and vegetables. Food for Others is asking our extended network of volunteers and supporters to join our team and accept the challenge! We are partnering with Givhero, an app that makes it simple and fun to set goals, track your progress and raise money for charity. Accept the challenge and double your impact! For the month of February, @givhero is matching the first \$10 you raise for us in the Givhero app, up to \$2,500 for **Food for Others**.

Click Here to Join the [CHALLENGE](#) Click Here to [DONATE](#)



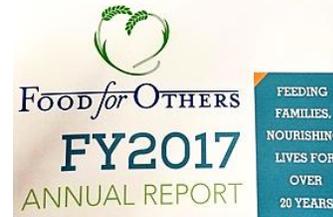
Mark your calendars! Please come out to support **Food for Others** on President's Day, Monday February 19th, at Fair City Mall Shoppers in Fairfax for the Stuff the Bus food drive. This collaborative program, now in its eighth year, is a partnership among Fairfax County Government, local grocery stores and nonprofit food pantries to restock the shelves. The event will run 9:30am-4:30pm.

Dominion Energy Grant Fortifies P3 Program

Food for Others was recently awarded \$10,000 by Dominion Energy in support of the Power Pack program. Dominion Energy disseminated more than \$1 million in Critical Community Needs grants to

Food for Others has recently published its Fiscal Year 2017 Annual Report. If you haven't received a copy, it is available on our website. Click here to take a look [ANN REPT](#)

To supplement information provided in the Annual Report recognizing donors who gave \$1,000 or more, we have furnished a list on our website acknowledging donors who gave \$300-999 during FY2017. To view the list, click here [DONORS](#)



Mark your Calendars! Food for Others Golf Tournament: Monday May 21st. For information about joining the Golf Committee or Sponsorship opportunities, please contact John Golden by email jgolden@foodforothers.org

Make sure to follow Food for Others on [Facebook](#), [Twitter](#), and [LinkedIn](#)

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