
The **Food for Others Mission** is to distribute free food to our neighbors in need, in partnership with our Northern Virginia community, and to provide opportunities for people to volunteer their resources.



Spring has arrived and while the biggest stressor for most school-aged children might be homework, chores or sports, for many others a greater concern is getting a complete, healthy meal. The critical role food security plays in a child's ability to achieve and thrive is often overlooked. Here at **Food for Others** we are fortunate to partner with so many wonderful people in our community who take the initiative to address the needs of the 1 in 14 children living in poverty. An elementary school student receiving power packs told a teacher, "Fridays are the best! Can you believe somebody thinks of me every Friday? How did they know I was hungry?" This newsletter highlights just a few examples of our neighbors taking action to ease the burden of children and families in need. **Food for Others** extends special recognition to the Giving Circle of HOPE for coordinating **Empty Bowls** now in its 11th year. We hope you'll be inspired to join us as we work together to alleviate hunger in our community.

[Get help](#)

[Give help](#)

**"The youth of today are
the leaders of
tomorrow"
(Nelson Mandela)**

On Saturday April 7th **Food for Others** participated in the CHAPS 3rd Annual Health Conference. Children's Health Awareness Program in Schools is dedicated to inspiring

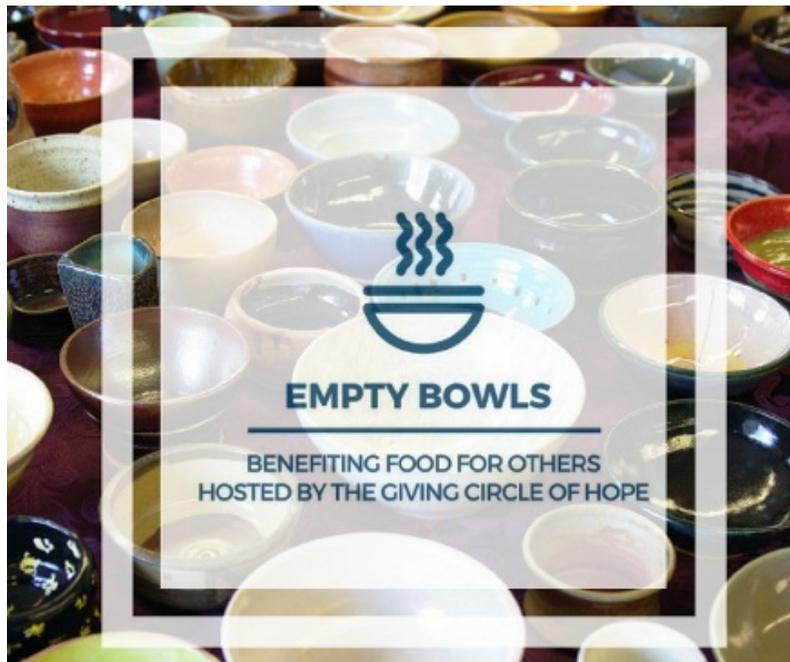


children to make healthy choices, and providing education about healthy living. **Food for Others** applauds the work of CHAPS to raise awareness about children's health issues. We are pleased to partner with Shreya, its founder, who took the initiative to coordinate a conference that engages the community in finding solutions to the challenges children face in our own communities such as hunger and food insecurity. Learn more here [CHAPS](#)

Faith Community Supports P3

Thanks to the generosity of the community at Our Lady of Good Counsel Catholic Church and School in Vienna, a volunteer P3 packing event filled 755 power packs for children in need at Fairfax County elementary schools. OLGC donated 2,723 pounds of food in March. Thank you all for supporting **Food for Others**!

Please click on the following link for an informative article about children's awareness of food insecurity [What Children Understand](#)



Join us on Friday April 20th at Floris UMC in Herndon for **EMPTY BOWLS**. Just one week away! To learn more, click here [VIDEO](#)
[PURCHASE EMPTY BOWLS TICKETS](#)



JOIN FOOD FOR OTHERS AT OUR 15TH ANNUAL
GOLF TOURNAMENT

SPRINGFIELD GOLF & COUNTRY CLUB
MAY 21, 2018

Play golf with us on Monday May 21st and bring your friends!

[REGISTRATION](#)

Food for Others VOLUNTEER APPRECIATION DAY: Wed. April 18th (12-2 p.m.) at the warehouse. Celebrating all of those who give so generously of their time. To RSVP, click [HERE](#)

Make sure to follow Food for Others on [Facebook](#), [Twitter](#), and [LinkedIn](#)

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